



The Original Summer Bridge Activities™

BRIDGING
GRADES

PRE
K to K

*Teacher
Recommended!*

*Award
Winning
Series!*

Includes:

- Early Learning Skills
- Phonics
- Handwriting
- Counting
- Science
- Fitness

Bonus:

- Flash Cards
- Stickers



You can find this
Summer Bridge Activities® book at
CarsonDellosa.com/SummerBridge14
or a participating retailer near you.

Check out our *Online Companion* summerlearningactivities.com/sba

Caution: Exercise activities may require adult supervision. Before beginning any exercise activity, consult a physician. Written parental permission is suggested for those using this book in group situations. Children should always warm up prior to beginning any exercise activity and should stop immediately if they feel any discomfort during exercise.

Caution: Before beginning any food activity, ask parents' permission and inquire about the child's food allergies and religious or other food restrictions.

Caution: Nature activities may require adult supervision. Before beginning any nature activity, ask parents' permission and inquire about the child's plant and animal allergies. Remind the child not to touch plants or animals during the activity without adult supervision.

The authors and publisher are not responsible or liable for any injury that may result from performing the exercises or activities in this book.

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About Summer Learning

Dear Parents:

Did you know that many children experience learning loss when they do not engage in educational activities during the summer? This means that some of what they have spent time learning over the preceding school year evaporates during the summer months. However, summer learning loss is something that you can help prevent. Below are a few suggestions for fun and engaging activities that can help children maintain and grow their academic skills during the summer.

- Read with your child every day. Visit your local library together and select books on subjects that interest your child.
- Ask your child's teacher to recommend books for summer reading.
- Explore parks, nature preserves, museums, and cultural centers.
- Consider every day as a day full of teachable moments. Measuring ingredients for recipes and reviewing maps before a car trip are ways to learn or reinforce skills.
- Each day, set goals for your child to accomplish. For example, complete five math problems or read one section or chapter in a book.
- Encourage your child to complete the activities in books such as Summer Bridge Activities™ to help bridge the summer learning gap.

To learn more about summer learning loss and summer learning programs, visit www.summerlearning.org.

Have a memorable summer!



Brenda McLaughlin and Sarah Pitcock
National Summer Learning Association

About Summer Bridge Activities™

Prepare your child for kindergarten with *Summer Bridge Activities™: Bridging Grades Prekindergarten to Kindergarten!* The activities in this book are designed to review the skills that your child mastered in prekindergarten, preview the skills that he or she will learn in kindergarten, and help prevent summer learning loss. No matter how wonderful your child's classroom experiences are, your involvement outside of the classroom is crucial to his or her academic success. Together with *Summer Bridge Activities™: Bridging Grades Prekindergarten to Kindergarten*, you can fill the summer months with learning experiences that will deepen and enrich your child's knowledge and prepare him or her for the upcoming school year.

Summer Bridge Activities™ is the original workbook series developed to help parents support their children academically during the summer months. While many other summer workbook series are available, Summer Bridge Activities™ continues to be the series that teachers recommend most.

The three sections in this workbook correspond to the three months of traditional summer vacation. Each section begins with a goal-setting activity, a word list, and information for parents about the fitness and character development activities located throughout the section.

To achieve maximum results, your child should complete two activity pages each day. Activities cover a range of subjects, including beginning phonics, numbers and counting, handwriting, fine motor skills, and shapes and colors. These age-appropriate activities are presented in a fun and creative way to challenge and engage your child. Each activity page is numbered by day, and each day includes a space for your child to place a colorful, motivational sticker after he or she completes the day's activities.

Bonus science experiments, fitness and character development exercises, and extension activities that encourage outdoor learning are located at the end of each section. Complete these activities with your child throughout each month as time allows.

A bonus phonics and handwriting section at the end of the book provides extra practice on these important kindergarten skills. The included flash cards reinforce basic skills, and a certificate of completion will help you and your child celebrate summer learning success!

Skills Matrix

Day	Alphabet	Character Development	Classification	Colors	Fine Motor Skills	Fitness	Handwriting	Measurement	Numbers & Counting	Patterning	Phonics	Science	Sequencing	Shape Recognition	Visual Discrimination
1								★							★
2					★									★	
3					★									★	
4					★									★	
5					★									★	
6					★									★	
7					★				★						
8									★					★	
9				★					★					★	
10									★					★	
11									★						
12									★						★
13									★						★
14									★						
15									★						
16									★						
17				★	★				★					★	
18									★						★
19					★										★
20					★										★
BONUS	★	★			★	★			★			★		★	
1									★						
2				★					★						
3				★			★				★				
4				★			★				★				
5				★			★				★				
6				★			★				★				
7				★			★				★				
8				★			★				★				
9				★			★				★				
10							★		★		★				
11							★		★		★				

Skills Matrix

Day	Alphabet	Character Development	Classification	Colors	Fine Motor Skills	Fitness	Handwriting	Measurement	Numbers & Counting	Patterning	Phonics	Science	Sequencing	Shape Recognition	Visual Discrimination
12				★			★				★				
13							★				★				
14				★			★		★		★				
15							★		★		★				
16							★			★	★				
17				★			★				★			★	
18			★				★				★				
19							★				★				★
20							★				★				★
BONUS	★	★	★		★	★						★			
1			★				★				★				
2							★				★				★
3							★				★				★
4							★				★				
5							★				★				
6							★		★		★				
7							★		★		★			★	
8					★		★		★		★				
9	★						★								
10			★	★											
11			★												
12													★		
13					★										★
14											★				
15											★				
16											★				
17											★				
18											★				
19											★				
20								★			★				
BONUS		★	★			★	★		★		★	★			

Encouraging Summer Reading

Literacy is the single most important skill that your child needs to be successful in school. The following list includes ideas of ways that you can help your child discover the great adventures of reading!

- Establish a time for reading each day. Ask your child about what he or she is reading. Try to relate the material to an event that is happening this summer or to another book or story.
- Let your child see you reading for enjoyment. Talk about the great things that you discover when you read.
- Create a summer reading list. Choose books from the reading list (pages ix–x) or head to the library and explore the shelves. A general rule for selecting books at the appropriate reading level is to choose a page and ask your child to read it aloud. If he or she does not know more than five words on the page, the book may be too difficult.
- Read newspaper and magazine articles, recipes, menus, maps, and street signs on a daily basis to show your child the importance of reading.
- Find books that relate to your child’s experiences. For example, if you are going camping, find a book about camping. This will help your child develop new interests.
- Visit the library each week. Let your child choose his or her own books, but do not hesitate to ask your librarian for suggestions. Often, librarians can recommend books based on what your child enjoyed in the past.
- Make up stories. This is especially fun to do in the car, on camping trips, or while waiting at the airport. Encourage your child to tell a story with a beginning, a middle, and an end. Or, have your child start a story and let other family members build on it.
- Encourage your child to join a summer reading club at the library or a local bookstore. Your child may enjoy talking to other children about the books that he or she has read.



Summer Reading List

The summer reading list includes fiction and nonfiction titles. Experts recommend that parents read to prekindergarten and kindergarten children for at least 10 minutes each day and ask questions about the story to reinforce comprehension.

Decide on an amount of daily reading time for each month. You may want to write the time on each monthly goal page at the beginning of each section.

Fiction

	Freeman, Don <i>Corduroy</i>
Barrett, Judi <i>Cloudy with a Chance of Meatballs</i>	Guarino, Deborah <i>Is Your Mama a Llama?</i>
Bemelmans, Ludwig <i>Madeline</i>	Henkes, Kevin <i>Kitten's First Full Moon</i>
Boynton, Sandra <i>Moo, Baa, La La La!</i>	Johnson, Crockett <i>Harold and the Purple Crayon</i>
Brett, Jan <i>Goldilocks and the Three Bears</i>	Keats, Ezra Jack <i>The Snowy Day</i>
Bridwell, Norman <i>Clifford, the Big Red Dog</i>	Lies, Brian <i>Bats at the Library</i>
Brown, Margaret Wise <i>Goodnight Moon</i>	Long, Melinda <i>How I Became a Pirate</i>
Carle, Eric <i>Brown Bear, Brown Bear, What Do You See?</i> <i>The Grouchy Ladybug</i> <i>The Very Hungry Caterpillar</i>	Mayer, Mercer <i>There's a Nightmare in My Closet</i>
Cronin, Doreen <i>Thump, Quack, Moo: A Whacky Adventure</i>	McCloskey, Robert <i>Make Way for Ducklings</i>
Feiffer, Jules <i>Bark, George</i>	Numeroff, Laura <i>If You Give a Cat a Cupcake</i> <i>If You Give a Mouse a Cookie</i>

Summer Reading List (continued)

Fiction (continued)

Portis, Antoinette
Not a Box

Potter, Beatrix
The Tale of Peter Rabbit

Rey, H. A.
Curious George

Rosenthal, Amy Krouse
Little Pea

Seuss, Dr.
The Cat in the Hat
Horton Hears a Who!
The Lorax

Shaw, Nancy
Sheep in a Jeep

Trivizas, Eugene
*The Three Little Wolves and the
Big Bad Pig*

Ward, Michael
Mike and the Bike

Wiesner, David
Flotsom

Willems, Mo
Don't Let the Pigeon Drive the Bus!
The Pigeon Finds a Hot Dog!

Nonfiction

Anno, Mitsumasa
Anno's Counting Book

Aston, Dianna Hutts
A Seed Is Sleepy

Ehlert, Lois
*Eating the Alphabet: Fruits &
Vegetables from A to Z*
Leaf Man

Heiligman, Deborah
From Caterpillar to Butterfly

Jenkins, Steve
Actual Size

Mortenson, Greg
*Listen to the Wind: The Story of Dr. Greg
and "Three Cups of Tea"*

Page, Robin
What Do You Do with a Tail Like This?

Sabuda, Robert
*Encyclopedia Prehistorica Dinosaurs: The
Definitive Pop-Up!*

Monthly Goals

A *goal* is something that you want to accomplish. Sometimes, reaching a goal can be hard work!

Think of three goals that you would like to set for yourself this month. For example, you may want to exercise for 10 minutes each day. Have an adult help you write your goals on the lines.

Place a sticker next to each goal you complete. Feel proud that you have met your goals!

1. _____

PLACE
STICKER
HERE

2. _____

PLACE
STICKER
HERE

3. _____

PLACE
STICKER
HERE

Word List

The following words are used in this section. They are good words for you to know. Read each word aloud with an adult. When you see a word from this list on a page, circle it with your favorite color of crayon.

big	little
circle	same
color	shape
count	trace
draw	write

Introduction to Flexibility

At the end of this section are fitness and character development activities that focus on flexibility. These activities are designed to get your child moving and thinking about building her physical fitness and her character. Complete these activities throughout the month as time allows.

Physical Flexibility

Flexibility is usually understood to mean the ability to accomplish everyday tasks easily, like bending to tie a shoe. These everyday tasks can be difficult for people whose muscles and joints have not been used and stretched regularly.

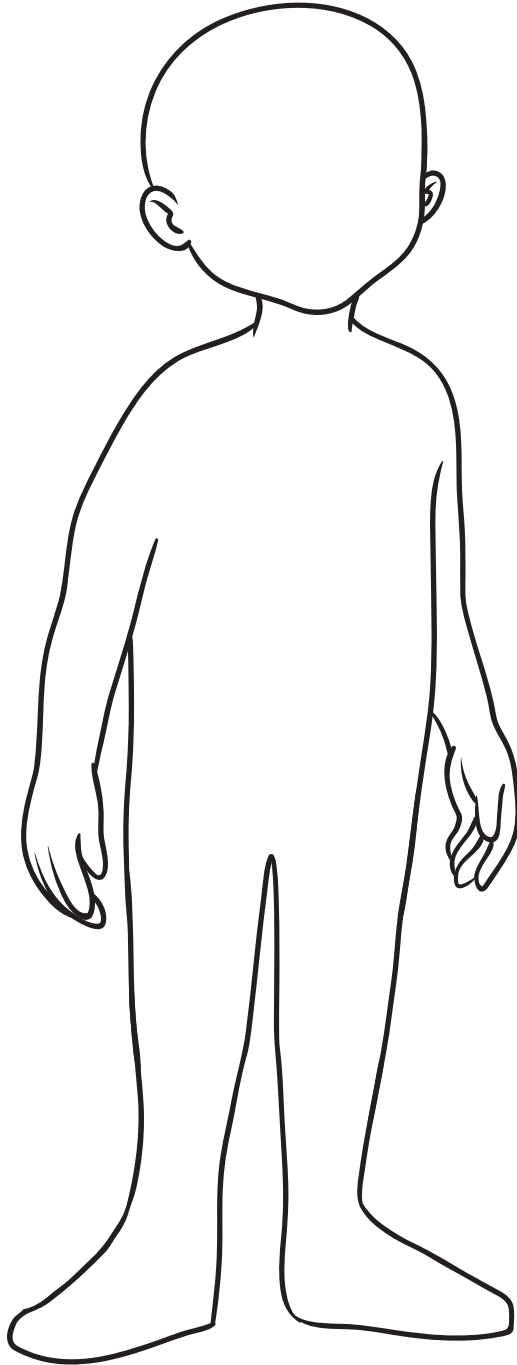
Proper stretching allows muscles and joints to move through their full range of motion, which is key to maintaining good flexibility. There are many ways that your child stretches every day without realizing it. She may reach for a dropped pencil or a box of cereal. Point out these examples to your child and explain why good flexibility is important to her health and growth. Challenge her to improve her flexibility consciously. Encourage her to set a stretching goal for the summer, such as practicing daily until she can touch her toes.

Flexibility of Character

While it is important to have a flexible body, it is also important to be mentally flexible. Share with your child that being mentally flexible means being open-minded to change. Talk about how disappointing it can be when things do not go her way and that this is a normal reaction. Give a recent example of when unforeseen circumstances ruined her plans, such as having a trip to the park canceled because of rain. Explain that there will be situations in life where unexpected things happen. Often, it is how a person reacts to those circumstances that affects the desirability of the outcome. By using examples your child can relate to, you can arm her with the tools to be flexible, such as having realistic expectations, brainstorming solutions to improve a disappointing situation, and looking for good things that may have resulted from the initial disappointment.

Inner flexibility can take many forms. For example, respecting the differences of other children, sharing, and taking turns are ways that a child can practice flexibility. Encourage your child to be flexible and praise her when you see her exhibiting this important character trait.

Track your growth this summer. Have an adult help you measure your height and weight. Fill in the blanks. Then, draw yourself below and color the picture.

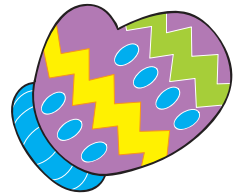
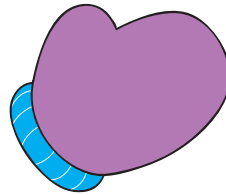
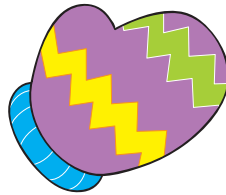
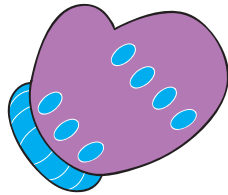
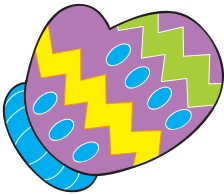
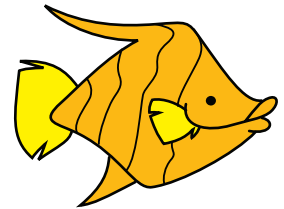
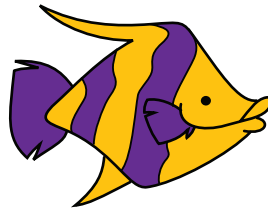
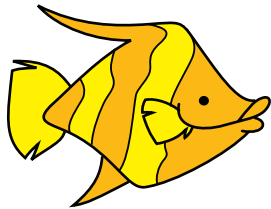
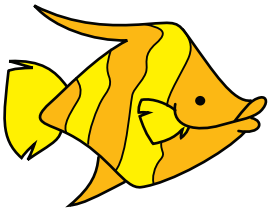
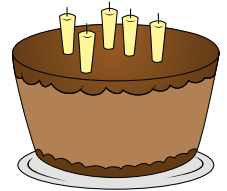
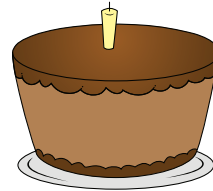
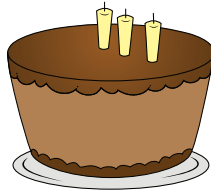
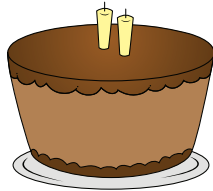
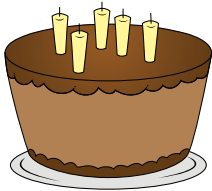
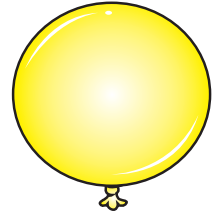
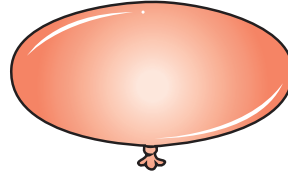


Your Height:

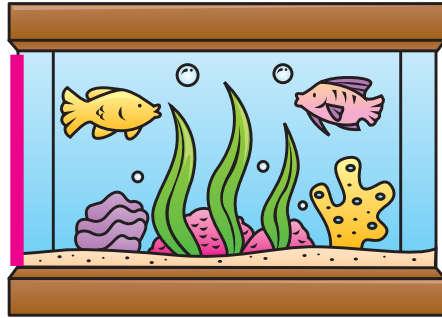
Your Weight:

DAY 1

Circle the picture in each row that is the same as the first picture.



Trace the dashed lines.

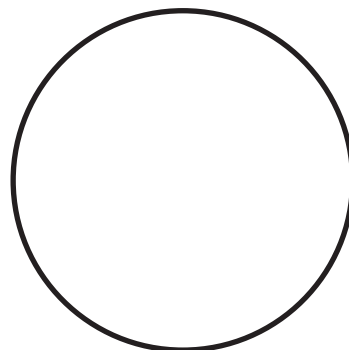
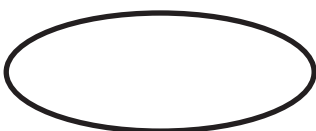
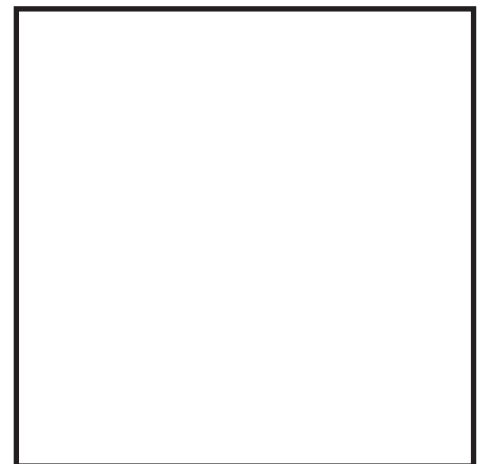
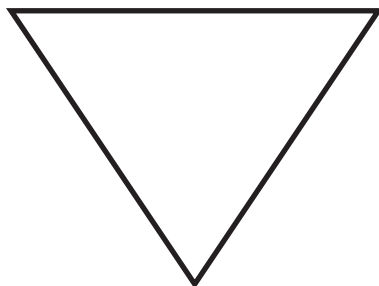
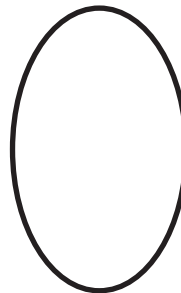
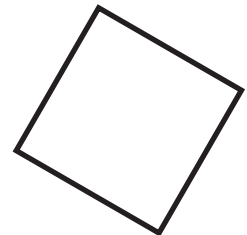
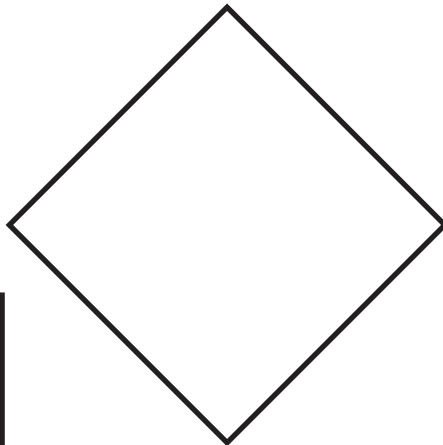
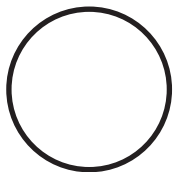
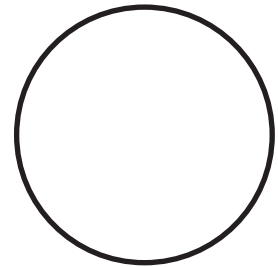
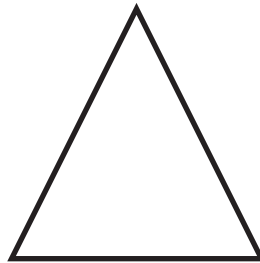
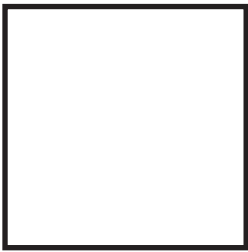


Tracing practice area consisting of four rows. Each row is bounded by two solid green horizontal lines. The first row has a solid black arrow pointing downwards on the left side, followed by seven vertical dashed lines. The second, third, and fourth rows each have a solid black arrow pointing downwards on the left side, followed by seven vertical dashed lines.

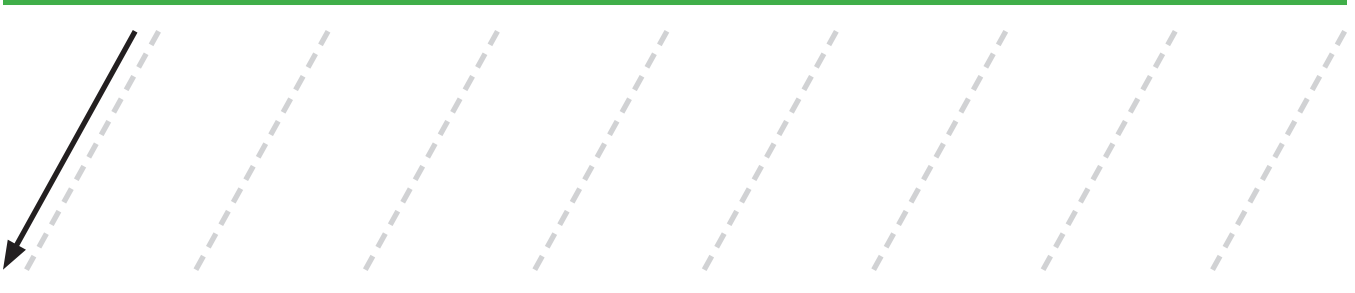
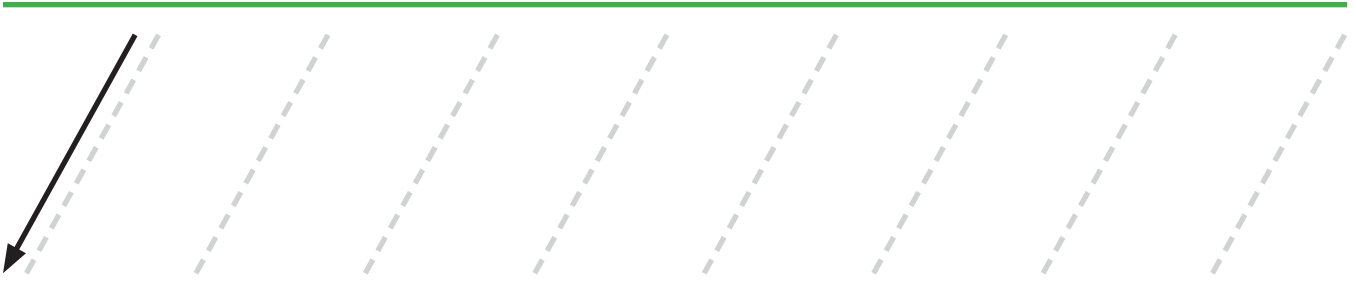
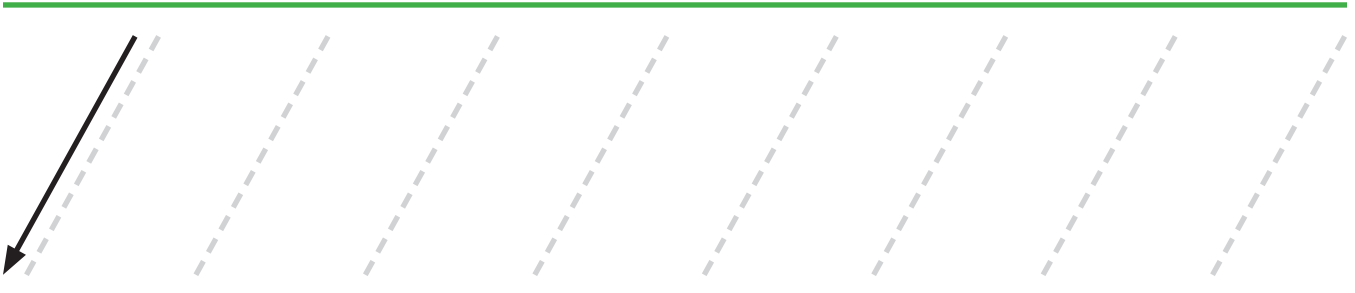
This is a square.



Color the squares.



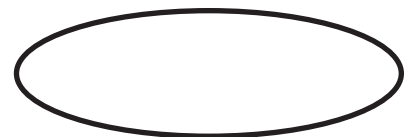
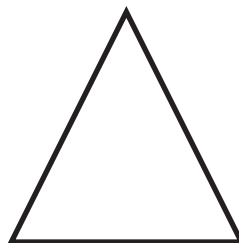
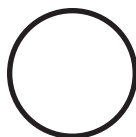
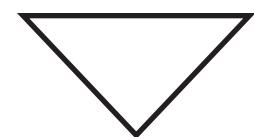
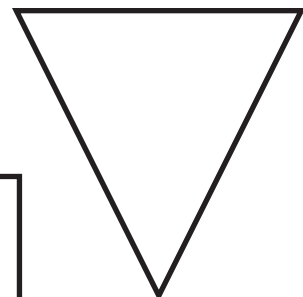
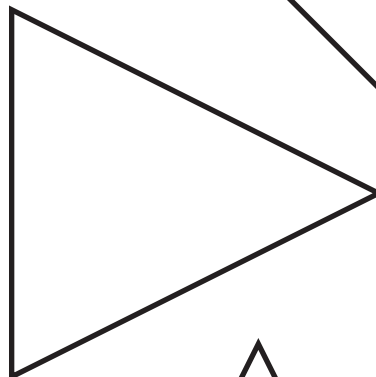
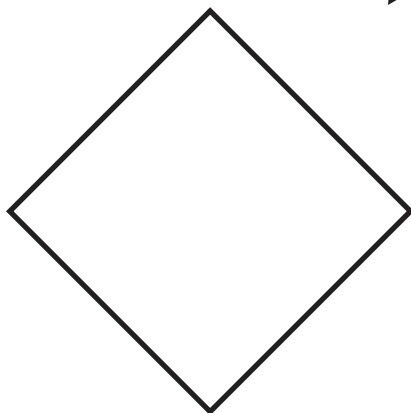
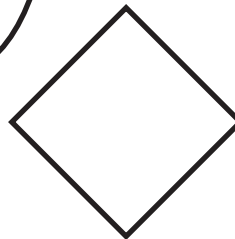
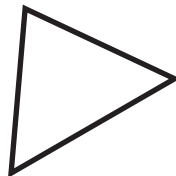
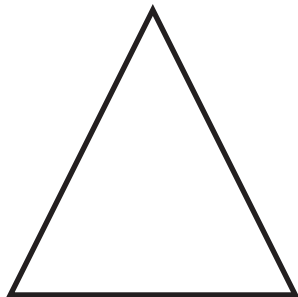
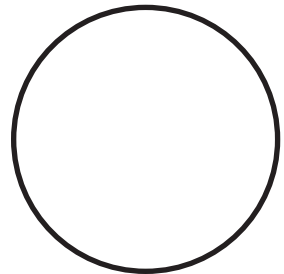
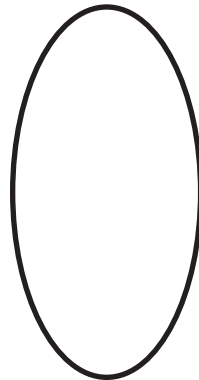
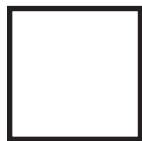
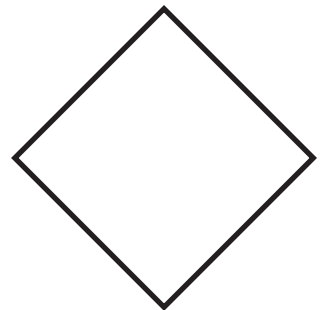
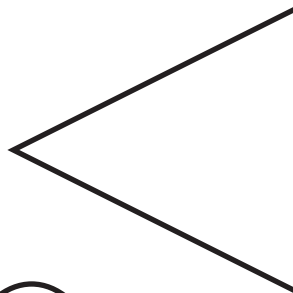
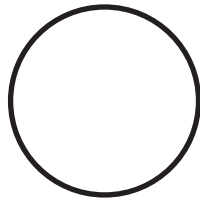
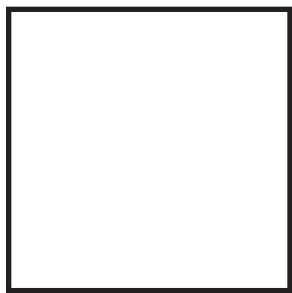
Trace the dashed lines.



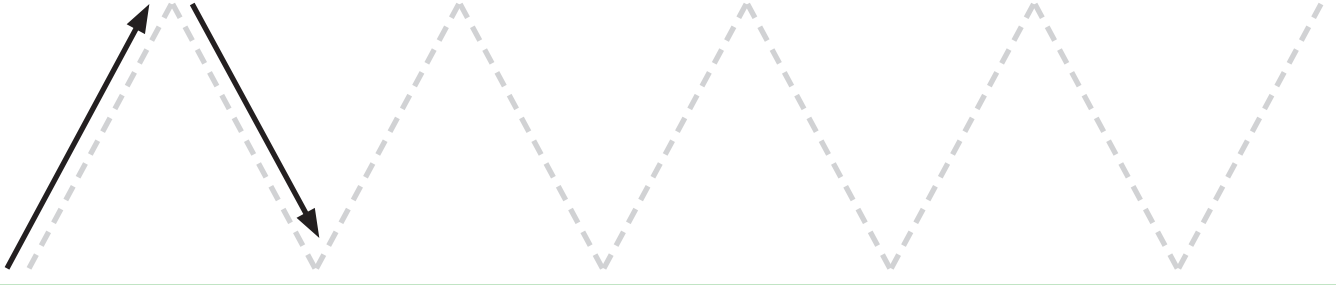
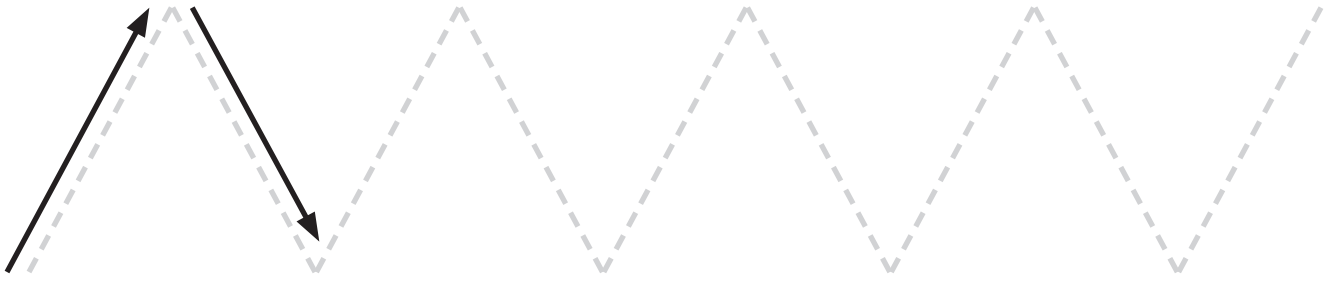
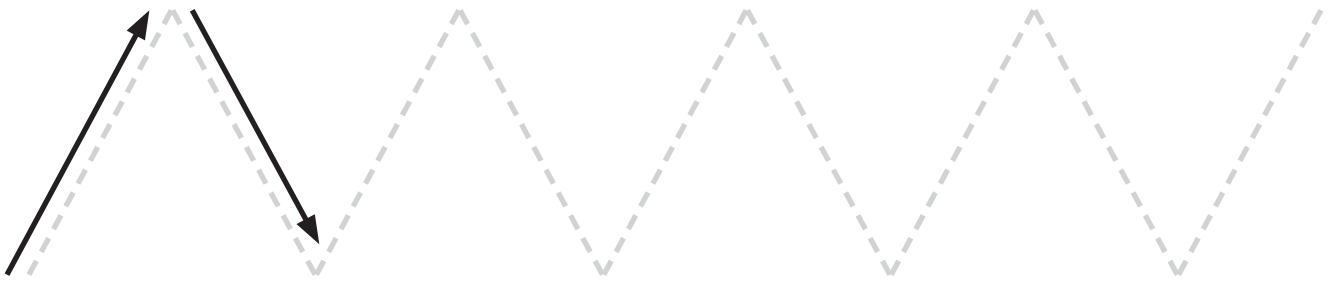
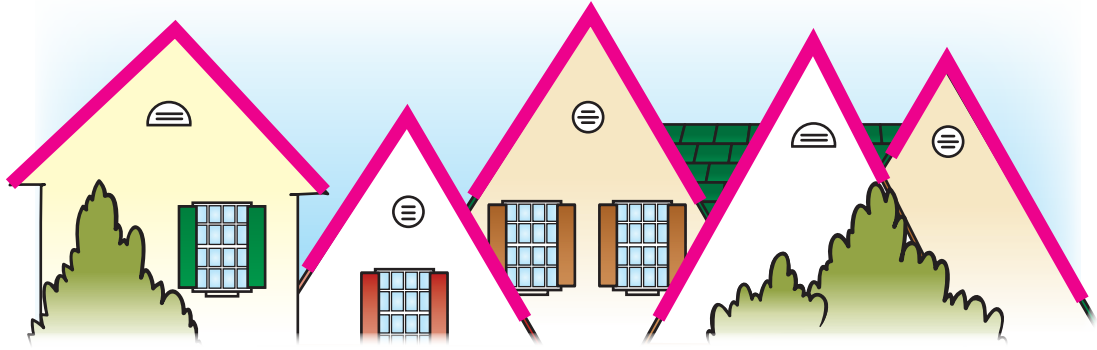
This is a triangle.



Color the triangles.



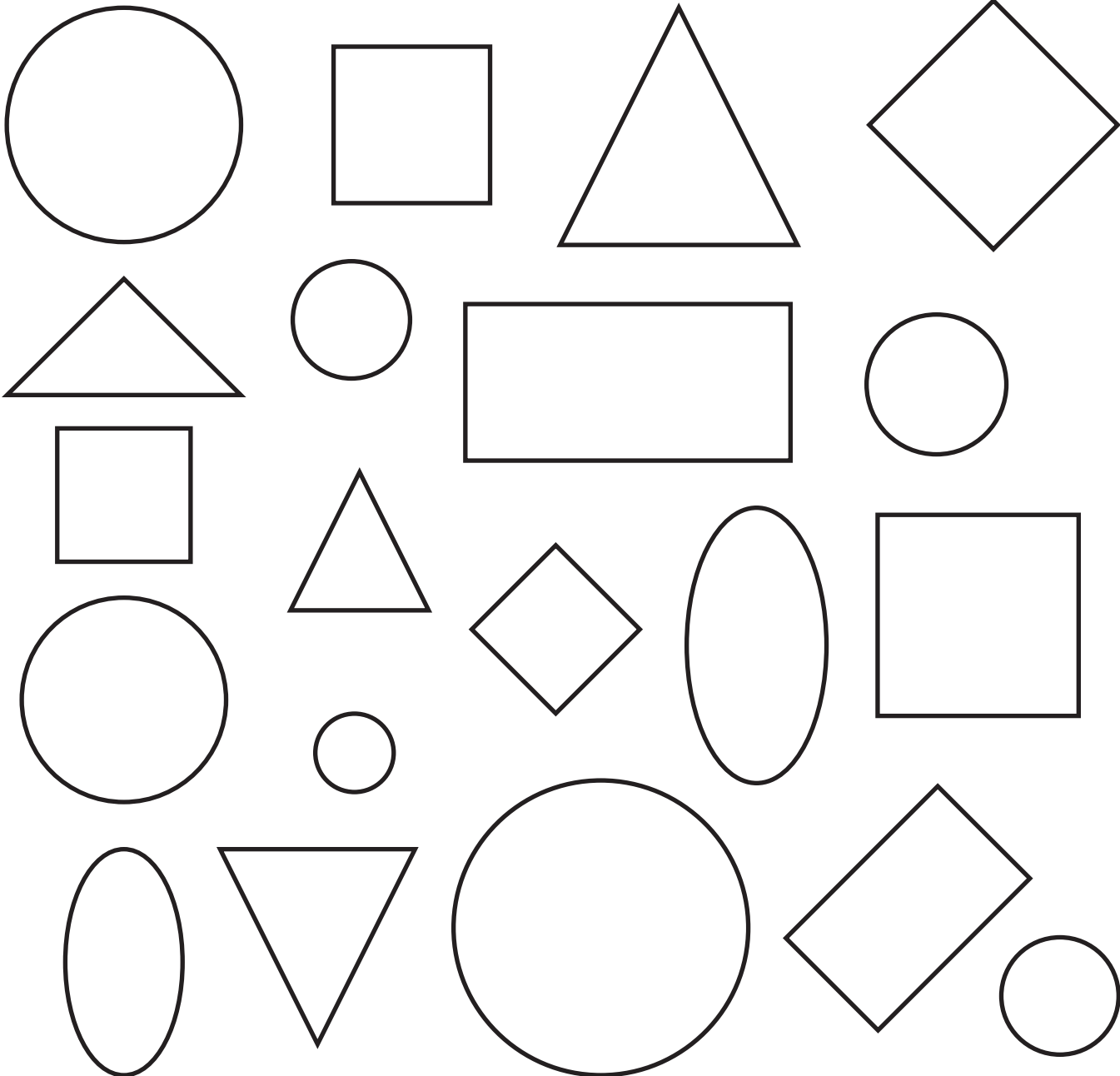
Trace the dashed lines.



This is a circle.



Color the circles.



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